



Claims:

1. A bowl, including a base, a lateral surface and a rim that eliminates the need to hold a spoon in connection with the consumption of pasta or noodles or other similar foods comprising:
one or more indentations,
wherein said rim defines an edge of said lateral surface and said lateral surface forms a wall of said bowl; and
further wherein said indentation is formed into said lateral surface of said bowl forming a concave surface.
2. The bowl of claim 1, wherein said bowl forms a geometric shape.
3. The bowl of claim 2, wherein said geometric shape is spherical.
4. The bowl of claim 1, wherein said bowl further comprises feet at said base of said bowl.
5. The bowl of claim 1, wherein said bowl further comprises a non-slip surface at said base of said bowl.
6. The bowl of claim 1, wherein said bowl further comprises a depth dimension and width dimension, said depth dimension being less than said width dimension.
7. The bowl of claim 6, wherein said bowl has a depth dimension of at least one inch.
8. The bowl of claim 7, wherein said bowl has a width dimension in a range from approximately 1 to 7 and a depth dimension in a range from approximately 7 to 1/7.

9. The bowl of claim 1, wherein said indentation forms an opening that is approachable at an angle between ten degrees and eighty degrees from horizontal.
10. The bowl of claim 1, wherein said indentation forms the size and shape of a spoon.
11. The bowl of claim 1, wherein said indentation forms a circular shape.
12. The bowl of claim 1, wherein said indentation forms an oval shape.
13. A bowl, including a base, a lateral surface and a rim that eliminates the need to hold a spoon in connection with the consumption of pasta or noodles and other similar foods comprising:
one or more spherical contours,
wherein said rim defines an edge of said lateral surface and said lateral surface forms a wall of said bowl that is connected to said base; and
further wherein one or more of said spherical contour is formed at a point where said lateral surface is connected to said base.
14. The bowl of claim 13, wherein said spherical contour forms the shape of a spoon.
15. A bowl, including an interior surface and an exterior surface together forming a wall that eliminates the need to hold a spoon in connection with the consumption of pasta or noodles and other similar foods comprising:
one or more craters formed by elevated edges located upon the interior surface of said bowl,
wherein the exterior surface of said bowl forms a consistent shape and design along the entire exterior surface of said bowl.

16. The bowl of claim 15, wherein one or more of said craters is in the shape of a spoon.